

Community Resources to Help You with Your Pregnancy:

All of the pregnancy centers offer pregnancy testing and confidential services. They work together in a network, and they will be happy to refer expectant mothers to other necessary resources such as housing, medical care, and other needs. This list is intended to provide places for mothers to turn to first.

In Downtown:

Old St. Mary's Pregnancy Center
123 E. 13th St.
Cincinnati, OH 45202
513.929.9615

- Confidential services offered
- Free pregnancy testing
- Newborn baby packet & monthly distribution of supplies
- Referrals including housing, shelters, food, adoption information

On East Side:

Pregnancy Center East, Inc.
3944 Edwards Rd.
Cincinnati, OH 45209
513.321.3100
www.pregnancycentereast.com

- Free and confidential pregnancy testing, ultrasounds and STD testing
- Medical, adoption and legal referrals
- Information on abortion alternatives
- Material assistance
- First time parenting classes
- Post abortion recovery
- Men's mentoring

A Caring Place Pregnancy Help Center
4446 Mt. Carmel-Tabasco Rd.
Cincinnati, OH 45244
513.753.help (4357)
After Hours Help Line:
513.427.ACP1(2271)
www.acaringplace.org
help@acaringplace.org

- Free pregnancy tests and ultrasounds
- Medical and social service referrals
- Adoption information and referrals
- Parenting/financial life skills classes
- Baby and maternity supplies
- Spiritual growth and sexual integrity programs
- Post abortion recovery

On West Side:

Pregnancy Center West, Inc.
4900 Glenway Ave.
Cincinnati, OH 45238
513.244.5700
www.pc-west.org

- Free pregnancy testing & referral for ultrasounds
- Positive alternatives to abortion
- Medical and Social Services referrals
- Parenting classes
- Earn-while-you-learn baby items
- Free limited STD testing
- Male mentoring program
- Spiritual growth and sexual integrity programs assistance

In Northwest:

Life Forward, Pregnancy Care of Cincinnati
North College Hill Center
1608 Sundale Ave.
Cincinnati, OH 45239
513.961.7777
www.lifeforwardcincy.org

- Free pregnancy testing
- Parenting classes, material services
- Referrals for prenatal care and community services

In Clifton:

Life Forward, Pregnancy Care of Cincinnati Clifton Center
2415 Auburn Ave
Cincinnati, OH 45219
513.961.7777
www.lifeforwardcincy.org

- Free pregnancy tests and ultrasounds
- Parenting classes, material services
- Referrals for prenatal care and community services

Women's Center for Health, Hope & Healing, Inc.
3228 Jefferson Ave.
Cincinnati, OH 45220
513.961.0165

- Pregnancy consultation, education

In Sharonville

Elizabeth New Life Center Women's Center—Sharonville
11262 Reading Rd.
Sharonville, OH 45241-2253
513.563.6100
elizabethnewlife.org/our-services/womens-centers

- Free pregnancy tests & ultrasounds
- Confidential pregnancy consulting
- Post-abortion recovery program
- Material assistance
- Educational classes and mentoring
- Spiritual support

In Lebanon:

Elizabeth New Life Center Women's Center—Lebanon
736 Columbus Ave., Suite A
Lebanon, OH 45036-1684
513.934.1777
www.womenscenterohio.com

- Free pregnancy tests & ultrasounds
- Confidential pregnancy consulting
- Post-abortion recovery program
- Material assistance
- Educational classes and mentoring
- Spiritual support

In Oxford:

Oxford Women's Care Center
10 Reagh's Way
Oxford, OH 45003
513.523.1814
oxfordwomenscarecenter.com

- Free pregnancy testing
- Information about abortion alternatives (adoption, foster care, parenting)
- Parenting program for moms and dads
- Peer counseling for women and men
- Referrals for professional care
- Pre and post-abortion lay counseling
- Baby & maternity supplies

In Hamilton

Pathway to Hope Pregnancy Care Center
412 S. Front St.
Hamilton, OH 45011
513.895.BABY (2229)
Option Line: 1.800.712.HELP (4357)
www.pathwaytohopepcc.org
PathwaytoHopepcc@fuse.net

- Confidential services provided
- Pregnancy testing/ultrasounds
- Abortion information/recovery care
- Sexual health information
- Prenatal development education
- Parenting preparation classes
- Faith based studies
- Referrals for social services, medical
- Baby and maternity materials
- Spanish-speaking services

In Middletown:

Community Pregnancy Center
3717 Roosevelt Blvd.
Middletown, OH 45044
513.424.2229
www.pregnancychoice.net

- Free pregnancy testing & ultrasounds
- Baby and maternity supplies
- Peer counseling, parenting education
- Fatherhood support
- Post-abortion recovery program

In Georgetown Area:

Pregnancy Resource Center "A Place of Hope"
852 Mt. Orab Pike
P.O. Box 136
Georgetown, OH 45121
937.378.6853
pregnancyhope.com
info@pregnancyhope.com

- Confidential free pregnancy tests
- Maternity clothes
- Baby clothes and equipment
- Crib award and Baby Bucks program
- Blankets for Babies
- Infant & Toddler Car Seat program
- Post-abortion recovery

In Harrison, OH:

Reach Out Pregnancy Center
10150 Harrison Ave.
Suite 6 & 8
Harrison, OH 45030-1996
513.367.7710
www.justaskusgirls.com

- Compassionate lay consultation
- Educational information & mentoring
- Professional referrals
- Pregnancy/STD testing, ultrasounds
- Infant-loss & post-abortive support
- Faith-based guidance
- Infant formula/baby food/furniture
- Parenting and budgeting classes
- Information on abortion alternatives

In Hillsboro Area:

Southern Ohio Pregnancy Center
135 W. Walnut St.
Hillsboro, OH 45133
937.393.2990
24 hour hotline 800.395.HELP (4357)
www.pregnantnotpregnant.com
www.sopcwecare.com
info@pregnantnotpregnant.com

- Medical quality pregnancy test
- Services provided free of charge
- Education on abortion and alternatives
- One-one-one abstinence counseling
- Material assistance
- Parenting education
- Abortion recovery lay counseling
- Spiritual counseling and Bible studies
- Medical and social service referrals

In Southeast Indiana:

Pregnancy Care Center of SE Indiana
62 Doughty Rd. Suite 5
Lawrenceburg, IN 47025
812.537.4357
www.helpimpregnant.org
pcc@embarqmail.com

- All services free and confidential
- Pregnancy testing & ultrasounds
- Compassionate consultation
- Parental and parenting services
- Professional services and referrals
- Material services
- Maternity and baby clothes
- Baby needs items
- Post-abortion counseling and referrals
- STI testing

YOU ARE NOT ALONE

Important Information for Mothers with Unexpected Pregnancies



Greater Cincinnati Area

Welcome to

YOU ARE NOT ALONE

Pregnancy may be the most exciting and possibly terrifying time of a woman's life. We want you to know we care about you and your welfare. This brochure is aimed at informing you of the resources available to help you through this time. Many services are free of charge. Please review this brochure to determine what is available in an area near you and how to contact a resource that you deem appropriate. We are sincere when we say that we have your best interests at heart and you can have confidence that anyone you contact from these organizations will understand your situation and will keep your information private.

Many centers listed in this brochure belong to the Greater Cincinnati/Miami Valley Pregnancy Center Coalition. These pregnancy centers are committed to a code of ethics that support life from conception to natural death and offer free testing and/or counseling to those with physical, emotional, educational, financial, and legal needs due to pregnancy. Pregnancy centers offer information that clients need in order to make informed decisions about their particular situation. All information from these centers is free (unless otherwise noted) and confidential. In order to be connected directly to a pregnancy center nearest to you, call 1-800-712-HELP (4357).

FREQUENTLY ASKED QUESTIONS...

Q: Where can I go for a pregnancy test?

A: All of the pregnancy centers offer pregnancy testing. Several centers provide non-diagnostic ultra-sounds to determine viability and/or gestational age. A list of these services is provided in this brochure.

Q: Do I need an approved test to get a Medical Card for my pregnancy?

A: Yes. Only an approved test will allow you to apply for a medical card. Call one of the centers in this brochure.

Q: Where can I get some material assistance, for clothes, food, diapers and furniture for example?

A: There are many resources for items you may need in a center near you. Call to see if they have what you need or can refer you for assistance.

Q: I'm not ready and am really afraid of the responsibility of having a baby. What can I do?

A: Parenting is a responsibility, and all pregnant women and men require support. Refer to the center nearest you for information about the services they provide.

Q: Having a baby is not what I really wanted to do with the rest of my life. Am I not entitled to be free of this responsibility?

A: That's a difficult question to answer. You should take time to seriously think about your answer, and you should consider that other people are involved, including the father of your child. Please get help with this question through the resources mentioned in this brochure.

Q: I am not in a good relationship with the baby's father and fear bringing up a child as a single parent. What can I do?

A: There are many people who have been in your situation. Many of the centers in this brochure offer parenting and life skill classes, as well as peer counseling.

Q: I really have all the children I want and this one is really unexpected and unwanted. What can I do?

A: From already having children you know what to expect and it isn't easy to have another child when you didn't want one. Talk to someone about alternatives before ending that life within you by getting counsel from one of the resources in this brochure. You will gain insight, information, and needed support that will empower you in your decision-making process.

Q: I have already had one or more pregnancy terminations, what can I do now?

A: There are women (and men) who have terminated their pregnancy and now have second thoughts. Some centers offer post-abortive healing. Additional organizations offering healing after abortion are referenced in this booklet under Additional Resources.

Additional Resources:

Healthy Beginnings

47 E. Hollister St., Ste. 201
Cincinnati, OH 45219-1784
513.861.8430

www.healthybeginnings.org

Healthy Moms and Babes

2270 Banning Rd. Ste. 200
Cincinnati, OH 45239
513.591.5600

www.healthymomsandbabes.org

St. Vincent de Paul

1125 Bank Street
Cincinnati, OH 45214
513.421.0602

www.svdpcincinnati.org

Catholic Charities of Southwest Ohio

Mid-Pointe Tower
7162 Reading Road, Suite 600
Cincinnati, Ohio 45237
513.241.7745

www.ccswoh.org

Project Rachel/Sanctuary

513.784.0531
1.888.456.HOPE (4673)

The EVE Center

513.985-9959
Three Convenient Locations

CENTRAL:

7038 Blue Ash Rd., Cincinnati, OH 45236

WEST:

3707 Edgewood Dr., Cincinnati, OH 45211

NORTH:

5962 Hamilton-Mason Rd.,
Liberty Twp, OH 45011

www.evecenter.org

Right to Life of Greater Cincinnati

1802 W. Galbraith Road
Cincinnati, OH 45239
513.728.7870

www.cincinnati.rightrighttolife.org

Prenatal & Neo-Natal Care:

This is a medical practice with five area offices in Mt. Auburn, Price Hill, Over-the-Rhine, North College Hill and Crestview Hills, KY. Their mission is to provide quality medical care to expectant women, encouraging them to carry their babies to delivery. Medicaid eligible or uninsured welcomed.

Free services offered to women expecting a baby or women with infants in the first year of life: Come in to our office or take advantage of our van services in your area. Call to find out where our van will be at a time or place convenient to you. Medicaid eligible or uninsured welcome.

Assistance with food, clothing, medicine, rent, transportation, utilities and companionship to people facing economic, emotional or spiritual crises.

- Pregnancy Counseling
- Mental health counseling
- Parenting and enrichment services
- Services for Hispanic individuals and families
- Services may vary at locations

Catholic post-abortion healing ministry for women, men and families. Open to all faith backgrounds.

HEART Program - Helping & Educating in Abortion Related Trauma. Promotes relational, spiritual and emotional healing for women recovering from pregnancy loss due to abortion, regardless of how long ago or how many abortion procedures experienced.

Multiple projects and resources for education and advocacy on abortion and other life issues.

A PRAYER FOR THE GIFT OF LIFE

LOVING God we raise you up for those in our Centers who serve women whose unplanned pregnancy challenges them, and the choices they must make involving the gift of your creation. Be present to us always; help us to imitate you in all we do especially as we are present to these women who are so vulnerable.

Awaken in every heart, reverence for the work of your hands, and renew in us a readiness to nurture and sustain your precious gift of life. We seek your blessings that we may be better prepared to serve you. To share in and strengthen the network in which the beauty and splendor of your creation lives.

Amen.

Adapted from "A Prayer for Life" by the U.S. Conference of Catholic Bishops.

YOU ARE NOT ALONE

For more information, contact the Archdiocese of Cincinnati Respect Life or Catholic Social Action Offices at (513) 421-3131 (Cincinnati), (937) 222-0227 (Dayton) or (937) 492-4449 (Sidney).

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