



PREGNANCY CENTER WEST  
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## FOR IMMEDIATE RELEASE

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### **PCW's InControl Program Reached Nearly 2,700 Students in 2016-17**

*Program Provides Chastity-Centered Sexual Integrity Training*

(Cincinnati, OH, July 12, 2017) – Pregnancy Center West (PCW) announced today its InControl program reached nearly 2,700 middle- and high-school-aged students during the 2016-17 school year, in five (5) high schools and twenty-eight (28) grade schools. The InControl program, offered free to local schools, is an educational program that engages participating students in learning about the physical, spiritual and emotional benefits of saving sex for marriage. The program encourages the virtue of self-control, and seeks to provide students with the knowledge, desire and strength to practice God's plan for chastity.

"We're delighted with the continuing, positive impact the InControl program is having in our local schools," stated Nicole Santaella, Executive Director at Pregnancy Center West. "The program is a great asset to the local schools, to complement and expand upon the curriculum being presented at both the grade school and high school level. Thanks to those who support our mission, we're able to offer this program to schools at no cost to them."

Through ready access to the internet, today's youth are increasingly exposed, and at a younger age, to material and lifestyle choices that are inconsistent with God's plan for their lives. The InControl program offers a healthy, life-affirming alternative. "The youth of our nation are THIRSTY for the truth about their sexuality," stated Laura Caporaletti, one of two InControl Educators that oversees PCW's program. "Our pornographic culture has left our young people utterly broken, but God refuses to leave them that way. To see the students respond with such enthusiasm and excitement to God's epic plan for their relationships filled me with both joy and hope for our future."

PCW's InControl program focuses on a central construct of our humanity: that we are designed for authentic love. The program highlights that our culture promotes myths about sexual behaviors that too-often lead to disease, broken relationships and spiritual/emotional emptiness. "In today's society kids are overwhelmed with messages that short-change them from truly understanding their bodies

and the wonderful intentions of God’s love for them,” stated Zach Franke, PCW’s second InControl Educator. “There is no doubt about it – today’s youth are craving authentic love and they are always PUMPED to find out how to get it!”

Feedback from the students affirms the positive impact of the program. Pre- and post-program surveys show that commitment to chastity jumped from 54% to 75% from the start to the conclusion of the training. Students’ comments affirmed the results: “This program makes you really think about all the consequences that come with your decisions.” (8<sup>th</sup> grader at Our Lady of Grace); “It’s nice to talk about chastity because it’s something we don’t talk about every day.” (6<sup>th</sup> grader, St. John the Baptist); “It was great to learn all the consequences of pornography and sex before marriage, but also learn all of the good and helpful consequences of practicing chastity.” (8<sup>th</sup> grader, St. Teresa of Avila); “It was good to learn that although it is difficult to live a chaste life, it is worth it in the long run.” (9<sup>th</sup> grader, Seton High School); and “This program made me want to live a chaste life and be a better man.” (10<sup>th</sup> grader, LaSalle High School).

The InControl program also exposes students to the reality of abortion. The students’ stance on abortion was 81% Against prior to the training, jumping to 89% Against after the training. Again, students’ own comments affirmed what they learned: “Learning what really happens during an abortion was the most helpful part for me. It made me really sad and I realized how awful it actually is.” (11<sup>th</sup> grader, McAuley High School); and “Now that I know the facts about abortion, I can help other people understand.” (10<sup>th</sup> grader, Mercy High School).

For the 2017-18 school year, the InControl program will once-again be presented by Laura Caporaletti and Zach Franke, who have provided tremendous leadership to the program this past year. Laura and Zach are working to enhance the program for the upcoming school year, with additional content that leverages Theology of the Body teachings, more opportunities for student engagement and feedback, increased presence via social media, and greater utilization of video-based segments.

Those interested in learning more about the InControl program are encouraged to contact Pregnancy Center West at 513-244-5700, and they can reach Laura Caporaletti via e-mail at [laura@pc-west.org](mailto:laura@pc-west.org). Those who would like to support Pregnancy Center West’s mission can make a donation online at [www.pc-west.org](http://www.pc-west.org), mail a donation to Pregnancy Center West, 4900 Glenway Ave., Cincinnati, OH 45238, or call 513-244-5700.

About Pregnancy Center West:

Founded in 1981, Pregnancy Center West (PCW) is a Christian, pro-life ministry dedicated to helping women facing untimely pregnancies choose life for their babies, providing assistance with pregnancy and parenting-related services to help make life-giving choices easier, and encouraging lifestyles of sexual integrity in keeping with God's plan for relationships. Located at historic Prout's Corner (where Glenway Ave., Guerley Rd. and Cleves-Warsaw intersect), the center engages women and their families every day as they work to fulfill their life-affirming ministry. PCW is an affiliate of Heartbeat International and the National Institute of Family and Life Advocates, and is a member of the Greater Cincinnati Pregnancy Center Coalition.

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